

SEPTEMBER 2019

Breakfast & Lunch Menu

USD 348 Baldwin

This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
Labor Day- No School 2	WG Donut 3 Chicken Nuggets Seasoned Carrots Mixed Green Salad Sunshine Fruit Mix	Breakfast Mini's 4 Cheesy Bread w/ Marinara Sauce Steamed Broccoli Tossed Salad Peaches & Cherries	Breakfast Sundae 5 Sausage Biscuit w/ Gravy Skillet Potatoes Grape Tomatoes Chilled Pears	Pumpkin Muffin 6 <i>Tailgate Sack Lunch</i> Hamburger & Toppings Baked Lays Baked Beans Mandarin Oranges
Cinnamon Toast Square 9 Chicken Nachos Fiesta Black Beans Lettuce, Tomatoes, Salsa Frozen Fruit Swirl	Cinnamon Cake 10 BBQ Pork Sandwich Corn Baby Carrots Apple Slices w/ Caramel	Bubble Bread 11 Chicken & Noodles Green Beans Garden Salad Mandarin Oranges	Chicken Biscuit 12 French Toast Sticks & Sausage Potato Smiles Fresh Veggies Pineapple Tidbits	Banana Muffin 13 Ravioli & Breadstick California Veggies Cucumber Slices Cinnamon Pears
No School 16	Breakfast on a Stick 17 Mini Corn Dogs w/ Macaroni & Cheese Seasoned Carrots Fresh Veggies Mixed Fruit	Breakfast Mini's 18 Breaded Beef Strips Mashed Potatoes & Gravy Mixed Green Salad Pineapple & Cherries Snickerdoodle	Breakfast Quesadilla 19 Chicken & Waffles Corn Grape Tomatoes Applesauce	Blueberry Muffin 20 Pepperoni Pizza <i>for National Pepperoni Pizza Day!</i> Winter Blend Veggies Tossed Salad Sliced Peaches
Apple Cinnamon Roll 23 Chicken & Cheese Quesadilla Refried Beans Lettuce, Tomatoes, Salsa Mango & Pineapple	Oatmeal Breakfast Cake 24 Spaghetti & Meatballs Garlic Bread Green Beans Garden Salad Frozen Fruit Swirl	Breakfast Mini's 25 Chicken Strips Twice Mashed Potatoes Baby Carrots Cinnamon Applesauce	Omelet Slider 26 Pancakes & Sausage <i>for National Pancake Day!</i> Potato Triangles Fresh Veggies Strawberries & Bananas	Mary's Muffin 27 Corn Dog Sweet Potato Fries Cucumber Slices Pears & Cherries
WG Donut 30 Bean & Cheese Burrito Mexican Corn Lettuce, Tomatoes, Salsa Rosy Applesauce Football Cookie	Breakfast also includes a choice of fruit or fruit juice. Unflavored 1%, Chocolate, & Strawberry Fat Free Milk served at all meals.			



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Elementary Alternates

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Labor Day- No School</p>	<p>3</p> <p>Tropical Yogurt Parfait <i>Cinnamon Swirl Coffee Cooler</i> Spicy Chicken Salad Deli or <i>Uncrustable</i> Sandwich Hummus & Pita Chips <i>Peach Yogurt Parfait</i> Corn Dog Pizza</p>	<p>4</p> <p><i>Berry Cherry Yogurt Parfait</i> Choc-Dipped Strawberry Smoothie Fiesta Chicken Salad Deli or <i>Uncrustable</i> Sandwich <i>Hummus & Pita Chips</i> Tropical Yogurt Parfait Chicken Nuggets <i>Spicy Chicken Sandwich</i></p>	<p>5</p> <p>Mandarin Orange Yogurt Parfait <i>Smores Coffee Cooler</i> Country Salad Deli or <i>Uncrustable</i> Sandwich Hummus & Pita Chips <i>Berry Cherry Yogurt Parfait</i> Cheesy Bread w/ Marinara <i>Boneless Wings</i></p>	<p>6</p> <p><i>Pineapple Berry Banana Yogurt Parfait</i> Orange Mango Smoothie Chicken Bacon Ranch Salad Deli or <i>Uncrustable</i> Sandwich <i>Hummus & Pita Chips</i> Mandarin Orange Yogurt Parfait Sausage Biscuit <i>Chicken Strips</i></p>
<p>9</p> <p><i>Peach Blueberry Yogurt Parfait</i> Berry Patch Smoothie Chef Salad Deli or <i>Uncrustable</i> Sandwich <i>Hummus & Pita Chips</i> Pineapple Berry Banana Yogurt Parfait Hamburger <i>Mini Corn Dog</i></p>	<p>10</p> <p>Tropical Yogurt Parfait <i>Caramel Coffee Cooler</i> Crispy Chicken Salad Deli or <i>Uncrustable</i> Sandwich Hummus & Pita Chips <i>Peach Blueberry Yogurt Parfait</i> Nachos Pizza</p>	<p>11</p> <p><i>Strawberry Yogurt Parfait</i> Chunky Monkey Smoothie Buffalo Chicken Salad Deli or <i>Uncrustable</i> Sandwich <i>Hummus & Pita Chips</i> Tropical Yogurt Parfait BBQ Sandwich <i>Chicken Strips</i></p>	<p>12</p> <p>Peach Berry Mango Yogurt Parfait <i>Mocha Coffee Cooler</i> Country Salad Deli or <i>Uncrustable</i> Sandwich Hummus & Pita Chips <i>Strawberry Yogurt Parfait</i> Chicken & Noodles <i>Hamburger on a Bun</i></p>	<p>13</p> <p><i>Pineapple Banana Yogurt Parfait</i> Grandma's Apple Pie Smoothie Cobb Salad Deli or <i>Uncrustable</i> Sandwich <i>Hummus & Pita Chips</i> Peach Berry Mango Yogurt Parfait French Toast Sticks & Sausage <i>Chicken Sandwich</i></p>
<p>16</p> <p>No School</p>	<p>17</p> <p>Tropical Yogurt Parfait <i>Cinnamon Swirl Coffee Cooler</i> Spicy Chicken Salad Deli or <i>Uncrustable</i> Sandwich Hummus & Pita Chips <i>Peach Mango Yogurt Parfait</i> Ravioli w/ Marinara <i>Boneless Wings</i></p>	<p>18</p> <p><i>Berry Cherry Yogurt Parfait</i> Choc-Dipped Strawberry Smoothie Fiesta Chicken Salad Deli or <i>Uncrustable</i> Sandwich <i>Hummus & Pita Chips</i> Tropical Yogurt Parfait Mini Corn Dogs <i>Chicken Strips</i></p>	<p>19</p> <p>Apple Cinnamon Yogurt Parfait <i>Hazelnut Coffee Cooler</i> Chicken Caesar Salad Deli or <i>Uncrustable</i> Sandwich Hummus & Pita Chips <i>Berry Cherry Yogurt Parfait</i> Beef Strips <i>Macaroni & Cheese</i></p>	<p>20</p> <p><i>Pineapple Berry Orange Yogurt Parfait</i> Orange Mango Smoothie Chicken Bacon Ranch Salad Deli or <i>Uncrustable</i> Sandwich <i>Hummus & Pita Chips</i> Apple Cinnamon Yogurt Parfait Chicken Nuggets <i>Hamburger</i></p>
<p>23</p> <p><i>Peach Strawberry Yogurt Parfait</i> Berry Patch Smoothie Chef Salad Deli or <i>Uncrustable</i> Sandwich <i>Hummus & Pita Chips</i> Bountiful Berry Yogurt Parfait Pizza <i>Chicken Sandwich</i></p>	<p>24</p> <p>Tropical Yogurt Parfait <i>Caramel Coffee Cooler</i> Crispy Chicken Salad Deli or <i>Uncrustable</i> Sandwich Hummus & Pita Chips <i>Peach Strawberry Yogurt Parfait</i> Quesadilla <i>Boneless Wings</i></p>	<p>25</p> <p><i>Strawberry Banana Yogurt Parfait</i> Chunky Monkey Smoothie Monterrey Chicken Salad Deli or <i>Uncrustable</i> Sandwich <i>Hummus & Pita Chips</i> Tropical Yogurt Parfait Meatball Sub <i>Hamburger</i></p>	<p>26</p> <p>Bulldog Yogurt Parfait <i>Mocha Coffee Cooler</i> Asian Salad Deli or <i>Uncrustable</i> Sandwich Hummus & Pita Chips <i>Strawberry Banana Yogurt Parfait</i> Chicken Strips <i>Bosco w/ Marinara</i></p>	<p>27</p> <p><i>Mango Tango Yogurt Parfait</i> Grandma's Apple Pie Smoothie Taco Salad Deli or <i>Uncrustable</i> Sandwich <i>Hummus & Pita Chips</i> Bulldog Yogurt Parfait Pancakes & Sausage <i>Chicken Nuggets</i></p>
<p>30</p> <p><i>Peach Yogurt Parfait</i> Berry Banana Smoothie Chef Salad Deli or <i>Uncrustable</i> Sandwich <i>Hummus & Pita Chips</i> Mango Tango Yogurt Parfait Corn Dog Pizza</p>	<p><i>Items in italics are available at the High School only</i></p>			

