

# OCTOBER 2019

## Breakfast & Lunch Menu

USD 348 Baldwin

This institution is an equal opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday

Homecoming Spirit Week:  
**BULLDOGS ASSEMBLE**

Apple Cinnamon Roll **1**  
Touchdown Chicken Nuggets  
Seasoned Carrots  
Mixed Green Salad  
Sunshine Fruit Mix

*TIME*

Breakfast Sundae **2**  
Hamburger & Toppings  
Baked Lays  
Baked Beans  
Mandarin Oranges

*REALITY*

Breakfast Mini's **3**  
Lasagna  
Steamed Broccoli  
Tossed Salad  
Chilled Peaches

*SOUL*

Pumpkin Muffin **4**  
Chicken Sandwich  
Skillet Potatoes  
Grape Tomatoes  
Pears & Cherries

*POWER*

Breakfast on a Stick **7**

Beef Nachos  
Fiesta Beans  
Lettuce, Tomatoes, Salsa  
Frozen Fruit Swirl

Cinnamon Breakfast Cake **8**

Hot Dog w/ Chili  
Baby Carrots  
Applesauce  
Cinnamon Roll

Fruit Smoothie **9**

Chicken & Waffles  
Corn  
Fresh Veggies  
Pineapple Tidbits

Breakfast Mini's **10**

Breaded Beef Strips  
Mashed Potatoes & Gravy  
Mixed Green Salad  
Mandarin Oranges

Banana Muffin **11**

Cheesy Breadstick w/ Marinara  
California Veggies  
Cucumber Slices  
Cinnamon Pears

Cinnamon Toast Square **14**

Chicken Strips  
Twice Mashed Potatoes  
Mixed Green Salad  
Pineapple & Cherries

Sausage Biscuit **15**

Mini Corn Dogs w/  
Macaroni & Cheese  
Seasoned Carrots  
Fresh Veggies  
Mixed Fruit

Breakfast Quesadilla **16**

French Toast Sticks & Sausage  
Potato Smiles  
Grape Tomatoes  
Apple from South Baldwin Farms

Breakfast Mini's **17**

Chicken & Noodles  
for National Pasta Day!  
Green Beans  
Garden Salad  
Chilled Peaches

**18**

No School

Breakfast Mini's **21**

Taquito w/ Cheese  
Refried Beans  
Lettuce, Tomatoes, Salsa  
Frozen Fruit Swirl

Bubble Bread **22**

Deli Sub  
Baked Lays  
Baby Carrots  
Cinnamon Applesauce  
Carnival Cookie

Egg/Cheese Biscuit **23**

Pizza  
Steamed Broccoli & Cauliflower  
Garden Salad  
Mango & Pineapple

**24**

No School

**25**

No School

WG Donut **28**

**Proud to be Drug Free**  
Halloween Chicken Nuggets  
Terror Tots  
Vampire Veggies  
Enchanted Fruit Mix

Oatmeal CC Breakfast Cake **29**

**Peace Out to Drugs**  
Ghastly Grilled Cheese  
Terminal Tomato Soup  
Scaredy-Cat Cucumbers  
Spine-Chilling Peaches

Omelet Slider **30**

**Team Up Against Drugs**  
Jack-O-Pretzel w/ Cheesy Goo  
Zombie Baked Beans  
Goblin Grape Tomatoes  
Boo-nanas & Strawberries  
Candy Corn Cake

Breakfast Mini's **31**

**Lei Off Drugs**  
Spook-etti & Eyeballs  
Vampire Repelling Bread  
Witches' Fingers (Green Beans)  
Graveyard Greens (Salad)  
Caramel Crud w/ Axed Apples

Breakfast also includes a choice of fruit or fruit juice.

Unflavored 1%, Chocolate, & Strawberry Fat Free Milk served at all meals.



# OCTOBER 2019

## Secondary Alternate Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Berry Cherry Yogurt Parfait **1**  
*Cinnamon Swirl Coffee Cooler*  
 Spicy Chicken Salad  
 Deli or *Uncrustable* Sandwich  
 Hummus & Pita Chips  
*Peach Yogurt Parfait*  
 Burrito  
 Pizza

*Tropical Yogurt Parfait* **2**  
 Choc-Dipped Strawberry Smoothie  
 Fiesta Chicken Salad  
 Deli or *Uncrustable* Sandwich  
 Hummus & Pita Chips  
 Berry Cherry Yogurt Parfait  
 Chicken Nuggets  
*Macaroni & Cheese*

Mandarin Orange Yogurt Parfait **3**  
*Smores Coffee Cooler*  
 Country Salad  
 Deli or *Uncrustable* Sandwich  
 Hummus & Pita Chips  
*Tropical Yogurt Parfait*  
 Hamburger  
*Chicken Strips*

*Banana Split Yogurt Parfait* **4**  
 Orange Mango Smoothie  
 Chicken Bacon Ranch Salad  
 Deli or *Uncrustable* Sandwich  
 Hummus & Pita Chips  
 Mandarin Orange Yogurt Parfait  
 Lasagna  
*Boneless Wings*

*Peach Blueberry Yogurt Parfait* **7**  
 Berry Patch Smoothie  
 Chef Salad  
 Deli or *Uncrustable* Sandwich  
 Hummus & Pita Chips  
 Pineapple Berry Banana Yogurt Parfait  
 Chicken Sandwich  
*Boneless Wings*

Strawberry Yogurt Parfait **8**  
*Caramel Coffee Cooler*  
 Crispy Chicken Salad  
 Deli or *Uncrustable* Sandwich  
 Hummus & Pita Chips  
*Peach Blueberry Yogurt Parfait*  
 Nachos  
 Pizza

*Tropical Yogurt Parfait* **9**  
 Chunky Monkey Smoothie  
 Buffalo Chicken Salad  
 Deli or *Uncrustable* Sandwich  
 Hummus & Pita Chips  
 Strawberry Yogurt Parfait  
 Hot Dog  
*Chicken Strips*

Peach Berry Mango Yogurt Parfait **10**  
*Mocha Coffee Cooler*  
 Strawberry Chicken Salad  
 Deli or *Uncrustable* Sandwich  
 Hummus & Pita Chips  
*Strawberry Yogurt Parfait*  
 French Toast Sticks & Sausage  
*Hamburger*

*Pineapple Banana Yogurt Parfait* **11**  
 Grandma's Apple Pie Smoothie  
 Cobb Salad  
 Deli or *Uncrustable* Sandwich  
 Hummus & Pita Chips  
 Peach Berry Mango Yogurt Parfait  
 Beef Strips  
 Corn Dog

*Peach Mango Yogurt Parfait* **14**  
 Berry Banana Smoothie  
 Chef Salad  
 Deli or *Uncrustable* Sandwich  
 Hummus & Pita Chips  
 Pineapple Banana Cherry Yogurt Parfait  
 Cheese Bosco w/ Marinara  
*Spicy Chicken Sandwich*

Berry Cherry Yogurt Parfait **15**  
*Cinnamon Swirl Coffee Cooler*  
 Spicy Chicken Salad  
 Deli or *Uncrustable* Sandwich  
 Hummus & Pita Chips  
*Peach Mango Yogurt Parfait*  
 Chicken & Rice  
*Boneless Wings*

*Tropical Yogurt Parfait* **16**  
 Choc-Dipped Strawberry Smoothie  
 Fiesta Chicken Salad  
 Deli or *Uncrustable* Sandwich  
 Hummus & Pita Chips  
 Berry Cherry Yogurt Parfait  
 Mini Corn Dogs  
 Pizza

Apple Cinnamon Yogurt Parfait **17**  
*Hazelnut Coffee Cooler*  
 Chicken Caesar Salad  
 Deli or *Uncrustable* Sandwich  
 Hummus & Pita Chips  
*Tropical Yogurt Parfait*  
 Chicken Nuggets  
*Macaroni & Cheese*

**18**  
 No School

*Peach Strawberry Yogurt Parfait* **21**  
 Berry Patch Smoothie  
 Chef Salad  
 Deli or *Uncrustable* Sandwich  
 Hummus & Pita Chips  
 Bountiful Berry Yogurt Parfait  
 Chicken & Noodles  
*Chicken Sandwich*

Strawberry Banana Yogurt Parfait **22**  
*Caramel Coffee Cooler*  
 Crispy Chicken Salad  
 Deli or *Uncrustable* Sandwich  
 Hummus & Pita Chips  
*Peach Strawberry Yogurt Parfait*  
 Taquito  
 Corn Dog

*Tropical Yogurt Parfait* **23**  
 Chunky Monkey Smoothie  
 Monterrey Chicken Salad  
 Deli or *Uncrustable* Sandwich  
 Hummus & Pita Chips  
 Strawberry Banana Yogurt Parfait  
 Chicken Strips  
*Hamburger*

**24**  
 No School

**25**  
 No School

*Peach Yogurt Parfait* **28**  
 Berry Banana Smoothie  
 Chef Salad  
 Deli or *Uncrustable* Sandwich  
 Hummus & Pita Chips  
 Mango Tango Yogurt Parfait  
 Pizza  
 Mini Corn Dogs

Berry Cherry Yogurt Parfait **29**  
*Cinnamon Swirl Coffee Cooler*  
 Spicy Chicken Salad  
 Deli or *Uncrustable* Sandwich  
 Hummus & Pita Chips  
*Peach Yogurt Parfait*  
 Chicken Nuggets  
*Cheese Bosco w/ Marinara*

*Tropical Yogurt Parfait* **30**  
 Choc-Dipped Strawberry Smoothie  
 Fiesta Chicken Salad  
 Deli or *Uncrustable* Sandwich  
 Hummus & Pita Chips  
 Berry Cherry Yogurt Parfait  
 Ham & Cheese  
*Boneless Wings*

Mandarin Orange Yogurt Parfait **31**  
*Smores Coffee Cooler*  
 Country Salad  
 Deli or *Uncrustable* Sandwich  
 Hummus & Pita Chips  
*Tropical Yogurt Parfait*  
 Pretzel w/ Cheese  
*Spicy Chicken Sandwich*

Items in italics are available at the High School only

