

**USD 348
SPORTS MEDICINE DEPARTMENT
ACCEPTANCE OF RISK
2026-2027**

Acceptance of Risk

Participation in interscholastic activities at USD #348 requires an acceptance of risk of injury. Minor and moderate injuries are very common in athletics and every participant is very likely to sustain an injury during his/her athletic career. Minor and moderate injuries in athletics include (but are not limited to) sprains, strains, contusions, abrasions, and lacerations.

However minor or severe the injury, the athlete must report all injuries to the sports medicine staff for proper inspection, treatment, and possible referral to a physician. Failure to comply will place the entire outcome of the injury in his/her hands.

Protective equipment and preventative taping is available to athletes as needed in each sport. You must be aware that protective equipment and preventative taping will **NOT PREVENT ALL INJURIES FROM OCCURRING!!** To maximize the effectiveness of protective equipment, inspect it daily and exchange all defective equipment. Make sure all equipment is properly adjusted and worn during all games and practices.

Participation in athletics could result in death, serious neck and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to all internal organs, serious injury to all bones, joints, ligaments, muscles, tendons, and other aspects of the musculoskeletal system, and serious injury or impairment to other aspects of the body, general health, and wellbeing.

I have read and fully understand the provisions of the foregoing information and agree to be bound by the terms hereof:

Student's Name (Printed): _____

Student's Signature: _____

Date: _____

Parent/Guardian Name (Printed): _____

Parent/Guardian Signature: _____

Date: _____