

# NOVEMBER 2022

## USD 348 Breakfast & Lunch Menu

Chocolate fat-free & unflavored  
1% milk served at all meals.

Alternate entrée options available.  
Breakfast also includes a choice of fruit or fruit juice.

Monday	Tuesday	Wednesday	Thursday	Friday
	Breakfast Mini's <b>1</b> Chicken & Rice Seasoned Beans Peppers & Onions Mandarin Oranges Sugar Cookie	Choc Chip Crumb Cake <b>2</b> Breaded Beef Strips Mashed Potatoes & Gravy Mixed Green Salad Chilled Peaches	Breakfast Burrito <b>3</b> Chicken & Waffles Winter Blend Veggies Grape Tomatoes Applesauce	Cinnamon Apple Muffin <b>4</b> Pizza Seasoned Carrots Tossed Salad Pineapple & Cherries
This institution is an equal opportunity provider.	Breakfast Mini's <b>8</b> Hot Dog on a Bun Chili Baby Carrots Rosy Applesauce Cinnamon Roll	Pancake Taco <b>9</b> Chicken & Noodles Green Beans Garden Salad Cinnamon Pears	Banana Bread <b>10</b> French Toast Sticks & Sausage Potato Smiles Fresh Veggies Pineapple Tidbits	Double Chocolate Muffin <b>11</b> Cheesy Breadsticks w/ Marinara Sauce Cali Blend Veggies Cucumber Slices Mixed Fruit w/ Cherries
WG Donut <b>7</b> Nachos Seasoned Beans Mexican Corn Lettuce, Tomatoes, Salsa Sunshine Fruit	Breakfast Mini's <b>15</b> Chicken Nuggets Seasoned Carrots Mixed Green Salad Chilled Peaches	Choc Chip Crumb Cake <b>16</b> Hamburger on a Bun Baked Beans Cucumber Slices Lettuce, Onions, Tomatoes Chilled Pears	Breakfast Sundae <b>17</b> Sausage Biscuit w/ Gravy Skillet Potatoes Grape Tomatoes Baked Apple Slices	Blueberry Muffin <b>18</b> Cheesy Bread w/ Marinara Sauce Steamed Broccoli Tossed Salad Fruit Cocktail
Breakfast Pizza <b>14</b> Bean & Cheese Burrito Fiesta Black Beans Mexican Corn Lettuce, Tomatoes, Salsa Mandarin Oranges	Breakfast Mini's <b>22</b> Taco Refried Beans Lettuce, Tomatoes, Salsa Mango & Pineapple	<b>23</b>	<b>24</b>	<b>25</b>
Honey Bun <b>21</b> Chicken Strips Cheesy Mashed Potatoes Baby Carrots Cinnamon Applesauce	<b>No School – Thanksgiving Break</b> Need treats for a class party? Raising funds for your school club? We can help! Contact us for more information at <a href="mailto:foodandnutrition@usd348.com">foodandnutrition@usd348.com</a>			
Banana Oatmeal Round <b>28</b> Mini Corn Dogs Mac & Cheese Steamed Peas Fresh Veggies Pears & Cherries	Breakfast Mini's <b>29</b> Meatballs in Marinara & Pasta Green Beans Garden Salad Frozen Fruit Swirl	Omelet Slider <b>30</b> Pancakes & Sausage Potato Triangles Baby Carrots Strawberries & Bananas		

Food & Nutrition Services is experiencing supply-chain interruptions due to limited product availability and labor shortages. Please know our department is working diligently to minimize the effect this may have on our customers. Menu changes are highly likely during this time; however, all students will continue to be offered meals that meet menu requirements, nutrition standards, and student acceptability.