






mySAEBRS Screening Tool


Students use the following scale to identify how frequently they experience the described behaviors. These photo items are consistent with what your student will see on their screen.

mySAEBRS 1 of 20 





I argue with others.


Never Sometimes Often Almost Always

mySAEBRS 2 of 20 





I get along with my peers.


Never Sometimes Often Almost Always

mySAEBRS 3 of 20 





I lose my temper.


Never Sometimes Often Almost Always

mySAEBRS 4 of 20 





I disrupt class.


Never Sometimes Often Almost Always

mySAEBRS 5 of 20 





I am respectful.

Never Sometimes Often Almost Always

mySAEBRS 6 of 20 


Other people like me.




Never Sometimes Often Almost Always

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mySAEBRS 7 of 20 





I have trouble waiting my turn.


Never Sometimes Often Almost Always

mySAEBRS 8 of 20 





I like school.


Never Sometimes Often Almost Always

mySAEBRS 9 of 20 





I am ready for class.

Never Sometimes Often Almost Always

mySAEBRS 10 of 20 


I get good grades.


Never Sometimes Often Almost Always

mySAEBRS 11 of 20 





I have trouble working alone.

Never Sometimes Often Almost Always

mySAEBRS 12 of 20 


It's hard to pay attention in class.




Never Sometimes Often Almost Always

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mySAEBRS 13 of 20 





I participate in class.


Never Sometimes Often Almost Always

mySAEBRS 14 of 20 





I feel sad.


Never Sometimes Often Almost Always

mySAEBRS 15 of 20 





I feel nervous.


Never Sometimes Often Almost Always

mySAEBRS 16 of 20 





I like to try new things.


Never Sometimes Often Almost Always

mySAEBRS 17 of 20 





I am happy.

Never Sometimes Often Almost Always

mySAEBRS 20 of 20 


I like being alone.





Never Sometimes Often Almost Always

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mySAEBRS 19 of 20 





When something bad happens it takes me a while to feel better.

Never Sometimes Often Almost Always

mySAEBRS 18 of 20 

I am worried.

Never Sometimes Often Almost Always